

*Year End*

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**ASSESSMENT  
TOOL**



**TOMHART**  
Your Success Strategist

[www.SuccessSeriesLLC.com](http://www.SuccessSeriesLLC.com)

# *Year End* **ASSESSMENT TOOL**

A Guide to Help You Assess the Progress You  
Made Toward Achieving Your Goals

By  
Success Strategist and Master Coach

**TOM HART**

SuccessSeriesLLC.com

## Thank You

Thanks for downloading this quick reference guide to help you set your goals, create a plan of action and begin achieving them in only a week. For more FREE resources to help you **Grow Your Life** and **Build Your Business**, visit my website, [SuccessSeriesLLC.com](https://SuccessSeriesLLC.com), and join the [Success Series Community](#) by clicking on the opt-in offer and leaving your email address. You will receive email notifications of [new blog posts](#) and [Talk with Tom podcast episodes](#), learn of [upcoming events](#), and receive other FREE [resources](#) just like this. It's that easy!

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# Year in Review

**A**s you look to the new year, it's important to step back and take a look at the year just finished – to take inventory, add it all up and see how you did.

What were your successes, and where did you come up short? What worked? What didn't? Which were good decisions, and which were bad? It's important to learn the lessons of life quickly or you will be apt to repeat them. The tuition for the lesson gets more expensive each time, so it's better (and less painful) to learn it the first time.

Remember, mistakes are great moments.

”

*A person who never  
made a mistake  
never tried  
anything new.*

*- Albert Einstein*

**W**rite down all of the goals you set for yourself this year – and the progress you made toward achieving them. Be sure to include overlooked accomplishments that you achieved but may not recognize because you didn't set them as goals.

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13. \_\_\_\_\_

# What did you achieve during this past year?

# Progress Check-Up

**W**rite down any “wins” or progress that you experienced in any of the seven life areas: physical, financial, professional, relational, spiritual, personal and philanthropical. Examples include: I exercise 3-5 times a week; I have multiple sources of income; My professional network is diverse with people from a variety of industries and backgrounds.

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# Goal Review Questions

1. What is a goal you set this year that you haven't yet achieved?
2. What did you make more important than achieving that goal?
3. Was the goal a *should* rather than a *want*?
4. How have you justified your incompleteness or inaction?
5. What limiting beliefs come up for you around that goal?
6. How will you overcome these justifications or limiting beliefs in the future?
7. What's still important to achieve?
8. What will you need to do to make that happen?

ACTIONS I WILL TAKE

BY WHEN

1.	_____	_____
2.	_____	_____
3.	_____	_____
4.	_____	_____
5.	_____	_____



# About the Author



**Tom Hart** is an accomplished Success Strategist, Master Coach and Speaker.

He is the founder of Success Series LLC, a speaking, coaching, workshop and business advisory company dedicated to empowering individuals and businesses to become their **best** selves.

Tom presents workshops, provides executive and life coaching, and consults to organizations on peak performance and other success topics in Los Angeles, Denver, Dallas and Kansas City. You can find Tom at [www.SuccessSeriesLLC.com](http://www.SuccessSeriesLLC.com) and sample his other resources here: [www.SuccessSeriesLLC.com/workshop-resources](http://www.SuccessSeriesLLC.com/workshop-resources).

## CONTACT TOM



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Phone us at **877.829.6656**



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Thanks,

*Tom*

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# Notes

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