

2019

SUCCESS PLANNER



TOMHART
Your Success Strategist

SuccessSeriesLLC.com

2019

SUCCESS PLANNER

Get from where you are to where to want to be with this FREE easy to use fill-in-the-blank planner from Jack Canfield

Made available to you by Jack Canfield affiliate
Success Strategist and Master Coach

TOM HART

SuccessSeriesLLC.com

Thank You



As a Jack Canfield affiliate, I am honored to pass-on this valuable resource of Jack's. For more resources to help you **Grow Your Life** and **Build Your Business**, visit my website, SuccessSeriesLLC.com, and click on the opt-in offer and give your email address to receive another FREE resource by joining my [Success Series Community](#). You will receive email notifications of [new blog posts](#) and [Talk with Tom podcast episodes](#), learn of [upcoming events](#), and receive other FREE [resources](#) just like this. It's that easy!

We respect your privacy and do not tolerate spam and will never sell, rent, lease or give away your information to any third party

Introduction

Many of you have attended my Productivity Workshop and learned how to use my many time and task management tools, including the Master Calendar and Ideal Week Planner. One foundational technique to an intentional, goal-driven life is to pre-plan your days into what I call: Focus Days, Recreation Days, and Planning Days. In the 12-month Success Planner that follows, Jack Canfield calls these Best, Rest and Prep Days...I like it!

In his Summary following, Jack walks you through how to use the Success Planner to map out a stellar week, month and year. Enjoy using this valuable tool from Jack Canfield and be sure to visit his website at JackCanfield.com.

Jack Canfield, America's #1 Success Coach, is founder of the billion-dollar book brand **Chicken Soup for the Soul®** and a leading authority on Peak Performance and Life Success. If you're ready to jump-start your life, make more money, and have more fun and joy in all that you do, get FREE success tips from Jack Canfield now at: FreeSuccessStrategies.com

”

*Make each day
your masterpiece*

- John Wooden,
one of my lifelong
friends and mentors

About Tom Hart



Tom Hart is an accomplished Success Strategist, Master Coach and Speaker.

He is the founder of Success Series LLC, a speaking, coaching, workshop and business advisory company dedicated to empowering individuals and businesses to become their **best** selves.

Tom presents workshops, provides executive and life coaching, and consults to organizations on peak performance and other success topics in Los Angeles, Denver, Dallas and Kansas City. You can find Tom at SuccessSeriesLLC.com and sample his other resources here: SuccessSeriesLLC.com/workshop-resources.

CONTACT TOM



Email Tom at THart@SuccessSeriesLLC.com



Comment on Tom's blog at www.SuccessSeriesLLC.com/wordpress



Phone us at **877.829.6656**

If you enjoyed this Success Planner please share it with others. You can do so by clicking on the appropriate button below. Also, please leave a [comment on my blog](#). I would genuinely like to hear from you. I will use the feedback of my readers to improve future resources.



Thanks,

Tom

Share This With Others

The Success Principles

————— 12-Month Success Planner —————

Get from where you are to where you want to be
with this easy-to-follow fill-in-the-blank planner



“ Successful people maintain a positive focus in life no matter what is going on around them. They stay focused on their past successes rather than their past failures, and on the next action steps they need to take to get them closer to the fulfillment of their goals rather than all the other distractions that life presents to them. ”

– Jack Canfield

Summary

Introduction

The most successful people I know create superior results yet still maintain a balance among work, family, and recreation in their lives.

To achieve this, they use a unique planning system that structures their time into three very different kinds of days - best, rest, and prep days - that are prescheduled to assure the highest payoff for their efforts, while still allowing abundant amounts of free time to pursue their personal interests.

This planner has been designed for you for those very reasons, and I urge you to use this easy “fill-in-blank” planner regularly to help you maximize both your efforts and your time.

How To Use The Planner

Take time in the beginning of each month to schedule and plan your best, rest, and prep days, and fill them in on the spaces provided in the calendar.*

You will also want to take time to plan what audio or video motivational program you will listen to, as well what success book(s) you will read that month.

If you have any “messes” or “incompletes” to clean up, please list them in the space provided as well.*

Additionally, you will find other fields to fill out when planning your month, such as: Best Success Principle, New Success Habit, Mastermind Group Meeting, etc.*

Lastly, please fill out your scores as well as lessons learned at the end of each month in the sections provided.

*Please see the below for definitions and clarification on each of the sections in the planner.

Summary

What Each Section Means

What is the difference between a best, rest, and prep day?

A best day is where you spend at least 80% of your time operating in your core genius, or primary area of expertise – interacting with people or processes that give you the highest payoffs for the time you invest. To be successful, you must schedule more best days and hold yourself accountable for producing the results.

A rest day extends from midnight to midnight and involves no work-related activity of any kind. It's a day completely free of business meetings, business-related calls, emails, or reading work-related journals and documents. On a true rest day, you're not available to your staff, clients, or students for any kind of contact except for true emergencies. I believe everyone's ultimate goal should be 130-150 days off each year. It may take you a while to work up to that number, perhaps even years - but the main thing is to constantly work to increase your number.

A prep day is a day where you prepare and plan for a best or rest day – either by learning a new skill, locating a new resource, training your support team, delegating tasks and projects to others, or traveling to a work site. Prep days ensure your best days are as productive as possible.

What's considered an “incomplete” or a “mess?”

Are there areas in your life where you've left uncompleted projects or failed to get closure with people? When you don't complete the past, you can't be free to fully embrace the present. So continually ask yourself, “what does it take to actually get this task completed?” Then, you can begin to consciously take the next steps to complete them.

Best Success Principle

Choose any one of my success principles you're going to exemplify this month – then think about it, implement it, and live it – and set a positive example for others in the process. (If you're not familiar with each success principle, you can learn more about them in my book *The Success Principles*, [available here](#).)

New Success Habit

Your habits determine your outcomes. Successful people don't just drift to the top. Getting there requires focused action, personal discipline, and lots of energy every day to make things happen. So, which success habit are you focusing on developing this month?

Summary

Mastermind Group Meeting

Imagine having a permanent group of five or six people who meet once every week or two for the purpose of problem solving, brainstorming, networking, encouraging, and motivating each other. This process, called masterminding, is one of the most powerful tools for success – so make time to create a mastermind group to meet with regularly.

(For more information on masterminding, see principle 46 in my book *The Success Principles*, [available here](#).)

Skill to learn

This one is simple: Which skill will help you the most to achieve your goals? Think about this, come up with the answer, and spend the next 30 days working to develop this skill.

Relationship to work on

Are any of your relationships strained? Do you wish you could spend more time with one person or get to know someone else more? Take an active approach to strengthen your relationships each and every month.

Affirmation: How to form an affirmation

An affirmation is a statement of your goal or desire—now realized in present time. They are statements you can write down, then repeat regularly, to bombard your subconscious mind with the thoughts, images, and feelings you would be experiencing if your goal was already complete.

Affirmations sound like this: I am so happy and grateful that I live in a 4,000-square-foot oceanfront home on Ka'anapali Beach. Or: I'm so happy and grateful that I am effortlessly depositing \$10,000 a month into my bank account.

So, create your own affirmations and repeat them to yourself every single day.

12-Month Success Planner

January

“ It’s time to start living the life you’ve imagined. ”

– Henry James

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January

“ It’s time to start living the life you’ve imagined. ”

– Henry James

Success Book to Read:

Motivational Audio/Video Program:

Clean Up My Incompletes and Messes:

Face What Isn’t Working:

Best Success Principle: _____

New Success Habit: _____

Mastermind Group Meeting Date: _____

Skill to Learn: _____

Relationship to Work on: _____

Affirmation:

Breakthrough Goal:

Action Items:

Score

Best Result Days: _____

Rest/Relaxation Days: _____

Preparation Days: _____

Lessons Learned

12-Month Success Planner

February

“ If a man for whatever reason has the opportunity to lead an extraordinary life, he has no right to keep it to himself. ”

– Jacques-Yves Cousteau

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12-Month Success Planner

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Lessons Learned

12-Month Success Planner

April

“ You must take personal responsibility. You cannot change the circumstances, the seasons, or the wind, but you can change yourself. ”

– Jim Rohn

Success Book to Read:

Motivational Audio/Video Program:

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12-Month Success Planner

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“ *Decide upon your major definite purpose in life and then organize all your activities around it.* ”

– Brian Tracy

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Lessons Learned

12-Month Success Planner

June

“ If you limit your choices only to what seems possible or reasonable, you disconnect yourself from what you truly want, and all that is left is a compromise. ”

– Robert Fritz

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12-Month Success Planner

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Lessons Learned

12-Month Success Planner

July

“ You can be anything you want to be, if only you believe with sufficient conviction and act in accordance with your faith; for whatever the mind can conceive and believe, the mind can achieve. ”
– Napoleon Hill

Success Book to Read:

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Lessons Learned

12-Month Success Planner

August

“ By thought, the thing you want is brought to you;
by action, you receive it. ”

– Wallace D. Wattles

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Lessons Learned

September

“ If you want to be happy, set a goal that commands your thoughts, liberates your energy, and inspires your hope. ”

– Andrew Carnegie

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12-Month Success Planner

October

“ Things do not happen; things are made to happen. ”

– John F. Kennedy

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12-Month Success Planner

November

“ The secret of getting ahead is getting started. The secret of getting started is breaking your complex, overwhelming tasks into small, manageable tasks, and then starting on the first one. ” – Mark Twain

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12-Month Success Planner

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Lessons Learned

December

“ Create your future from your future, not your past. ”

– John F. Kennedy

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Lessons Learned

About Jack Canfield

Jack Canfield is an award-winning speaker and an internationally recognized leader in personal development and peak performance strategies. For over 50 years, he has been teaching entrepreneurs, educators, corporate leaders, and people from all walks of life how to create the life they desire. As the beloved co-author of the Chicken Soup for the Soul® series, he's taught millions of individuals his modernized formulas for success, and now certifies trainers to teach his content and methodology all over the world. Jack is the author and co-author of more than 150 books (66 are best sellers) with more than 100 million copies in print in 47 languages around the world. His best-selling book, *The Success Principles: How to Get From Where You Are to Where You Want to Be* has been hailed as the new self-improvement classic, now containing 67 of the most powerful secrets to success known to mankind. In 2014, *SUCCESS* magazine named him "One of the Most Influential Leaders in Personal Growth and Achievement."

For more information on Jack, please visit: jackcanfield.com





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