

My Ideal Week

Themes								
		Mon	Tues	Wed	Thu	Fri	Sat	Sun
07:00 - 07:30								
07:30 - 08:00								
08:00 - 08:30								
08:30 - 09:00								
09:00 - 09:30								
09:30 - 10:00								
10:00 - 10:30								
10:30 - 11:00								
11:00 - 11:30								
11:30 - 12:00								
12:00 - 12:30								
12:30 - 01:00								
01:00 - 01:30								
01:30 - 02:00								
02:00 - 02:30								
02:30 - 03:00								
03:00 - 03:30								
03:30 - 04:00								
04:00 - 04:30								
04:30 - 05:00								
05:00 - 05:30								
05:30 - 06:00								
06:00 - 06:30								
06:30 - 07:00								
07:00 - 07:30								
07:30 - 08:00								
08:00 - 08:30								
08:30 - 09:00								
09:00 - 09:30								
09:30 - 10:00								

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Adapted from MichaelHyatt.com

